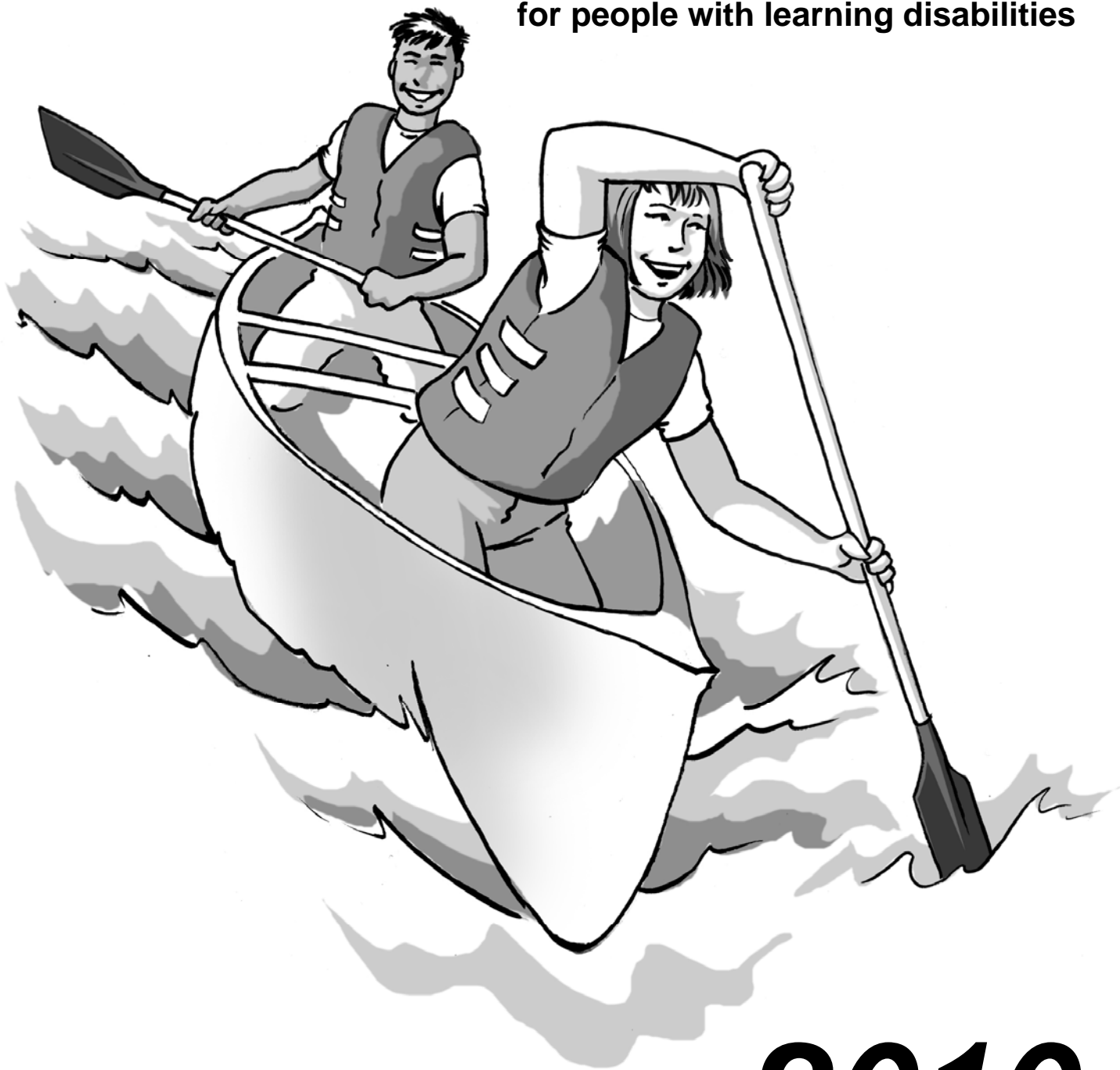


Holiday Help

for people with learning disabilities



2010

Contents

<i>Activity Holidays</i>	1
<i>Canal Holidays</i>	10
<i>Children and Family Holidays</i>	12
<i>Funding</i>	12
<i>Insurance</i>	20
<i>People who provide specialist holidays</i>	28
<i>People who provide specialist holiday information</i>	41
<i>Places to go with a group</i>	41

FAIR does it's best to ensure the accuracy of the information provided in this publication, but can accept no responsibility for such accuracy. The details included are provided by the organisations concerned, but if any errors or omissions are noticed, please notify us, as we aim to keep the publication as up-to-date and accurate as possible.

Activity Holidays



Abernethy Ardeonaig

Ardeonaig
By Kiln
Perthshire
FK21 8SY
☎01567 820 523
ardeonaig@abernethy.org.uk
www.abernethy.org.uk

Residential outdoor adventure activity centre with a Christian framework based on the couthside of Loch Tay, near to the Highland villages of Killin and Aberfeldy. Ramped access to ground floor however not suitable for people with mobility difficulties or wheelchair users.

Accessible Epic Enabled Safaris

3 Bodrum Close
Noordhoek
Cape Town
7985
☎0027(0)217853176
info@epic-enabled.com
www.epic-enabled.com

Specialises in 8 day Kruger National Park and Private Game Reserve safaris, Garden Route Tours and day tours in Johannesburg and Cape Town, which are wheelchair accessible.

Active Outdoor Pursuits

Craigower Lodge
Golf Course Road
Newtonmore
PH20 1AT
☎01540 673 319
info@activeoutdoorpursuits.com
www.activeoutdoorpursuits.com

Provides 2-7 day activity holidays as well as activity days and training courses throughout Scotland. These are suitable for all ages and abilities.

Badaguish Centre

Speyside Trust
Aviemore
PH22 1QU
☎01479 861 285
info@badaguish.org
www.badaguish.org

Activity holidays for people with learning disabilities. Also short break respite activity holidays for people with learning and multiple disabilities.

Bendrigg Trust

Bendrigg Lodge
Old Hutton
Kendal
LA8 0NR
☎01539 723 766
office@bendrigg.org.uk
www.bendrigg.org.uk

Day and residential courses specialising in people with disabilities. A wide range of indoor and outdoor activities including climbing, abseiling, caving and canoeing.

Bowles

Sandhill Lane
Eridge
Tunbridge Wells
TN3 9LW
☎01892 665 665
admin@bowles.ac
www.bowles.ac

Residential activity course for young people and adults, including those with disabilities. Provides both residential and non residential activity courses. People with disabilities are welcome and the organisation attempts to be as flexible as possible in catering for individual needs. Facilities and services include rock climbing, dry ski slope, canoeing, abseiling and orienteering.

Breakaway Holidays

135 Baddow Road
Chelmsford
Essex
CM2 7PY
☎01245 260330
breakawayhols@aol.com
www.breakawayhols.co.uk

Breakaway holidays are suitable for small groups and individuals with learning disabilities aged 17 to 30 years old who need 24 hour support. Holidays are in the UK, Europe, Spain and USA. Activities include camping, beach activities and pony trekking.

BTCV (British Trust for Conservation Volunteers)

Sedum House, Mallard Way
Doncaster
DN4 8DB
☎01302 388 883
information@btcv.org.uk
www.btcv.org.uk

Provide conservation holidays to learn new skills, meet new friends and explore the locality. Holiday opportunities are available within the UK and abroad.

Calvert Trust - Exmoor

Wistlandpound
Kentisbury
Barnstaple
EX31 4SJ
☎01598 763 221
exmoor@calvert-trust.org.uk
www.calvert-trust.org.uk

Activity holidays or courses for people with disabilities and their families. These can either be fully or self catered. There are optional daytime activity programmes. These include driving a pony and trap, abseiling, sailing and much more. On site facilities include a licensed bar, a swimming pool, a jacuzzi, steam room, TV room and games hall. They have holiday centres at Keilder, Exmoor and the Lake District.

Calvert Trust - Kielder

Kielder Water
Hexham
NE48 1BS
☎01434 250 232
enquiries@calvert-kielder.com
www.calvert-trust.org.uk/kielder

Activity holidays for people of all abilities.

Churchtown Farm Outdoor Education Centre

Churchtown Farm
Lanlivery
Bodmin
PL30 5BT
☎01208 872148
bookings@vitalise.org.uk
www.vitalise.org.uk

This is a centre run by Vitalise which caters for people with physical and learning disabilities. Holidays can be provided with or without care.

Fabb Scotland

Norton Park
57 Albion Road
Edinburgh
EH7 5QY
☎0131 475 2313
info@fabb.org.uk
www.fabb.org.uk

Offers residential activity weekends, week long holidays and day events for young people with and without physical disabilities and sensory impairments.

Holidays with Help

4 Pebblecombe
Adelaide Road
Surbiton
KT6 4LL
☎020 8390 9752
holidays.with.help@lineone.net
www.holidayswithhelp.org.uk

Focus on holidays for people with disabilities and their carers and have 30 years experience in specialist respite care breaks for people with disabilities. Can provide trained and experienced helpers, choice of activities e.g. craft workshops and outings.

Lochgoilhead Centre

Shelter Park
Lochgoilhead
Argyll
PA24 8AQ
☎01301 703 217
info@lochgoilhead.org.uk
www.lochgoilhead.org.uk

The Lochgoilhead Centre offers a wide range of activities both on water and land. Virtually all are carried out within walking distance of the centre.

Mersea Island Festival

Mersea Outdoors, East Mersea Youth Camp
Rewsalls Lane
East Mersea
CO5 8SX
☎01206 383 226
info@merseafestival.org.uk
www.merseafestival.org.uk

Provide short holiday breaks of outdoor and music activities especially for people with disabilities. All outdoor activities are led by qualified instructors and a team of volunteer staff are on hand.

Mersea Island Festival

Mersea Outdoors, East Mersea Youth Camp
Rewsalls Lane
East Mersea
CO5 8SX
☎01206 383 226
info@merseafestival.org.uk
www.merseafestival.org.uk

Mountain House Holidays

Vale Cottage, Foolow
Eyam, Hope Valley
Sheffield
S32 5QR
☎01433 639 368
mike@cdms-activities.co.uk
www.mountain-house.co.uk

Focuses on small group tailor made holidays. You can choose the activities. All equipment and instruction provided.

Nancy Oldfield Trust

Irstead Road
Neatishead
NR12 8BJ
☎01692 630 572
info@nancyoldfield.org.uk
www.nancyoldfield.org.uk

Offers water activities (sailing, canoeing, fishing, birdwatching and motorboating) for people of all ages who are disabled or who are socially disadvantaged. Visits may be for a day, part day or residential; the accommodation is self-catering and sleeps ten people.

Queen Elizabeth Activity Centre

Manor Farm Country Park,
Pylands Lane
Bursledon
SO31 1BH
☎02380 404 844
qe2centre@aol.com
<http://www.qe2activitycentre.co.uk>

Self-catering accommodation for people with disabilities in specially built cabins (up to eight in each cabin). Activities include canoeing, riding, climbing, caving and environmental studies. You can book for a full activity week or just book the accommodation and do your own thing.

Red Ridge Centre

Cefn Coch
Welshpool
SY21 0AZ
☎01938 810 821
office@redridge.co.uk
www.redridgecentre.co.uk

Situated near the Welsh/English border, the centre offers residential courses with a wide range of activities for people with disabilities, groups and individuals, regardless of ability.

Scottish Tours

14 Muriel Street
Barrhead
Glasgow
G78 1QB

☎0871 200 8008

enquiries@scottishtours.co.uk

www.scottishtours.co.uk

Coach tours from Edinburgh and Glasgow to the Highlands of Scotland. May particularly suit someone with mild learning disabilities.

The Outward Bound Trust

Hackthorpe Hall
Hackthorpe
Penrith
CA10 2HX

☎01931 740000

enquiries@outwardbound.org

www.outwardbound-uk.org

Provides courses in sailing, canoeing and outdoor education.

The Ranch Outdoor Discovery Centre

Bryn-y-Moel
Llanbedr
LL45 2HU

☎01341 241 358

andy@theranch.uk.com

www.actioncentres.co.uk

Residential outdoor activity centre in a 12 acre wooded site. Activities ideal for groups of people with learning difficulties but not well suited for groups with physical disabilities.

Venture Scotland

Norton Park
57 Albion Road
Edinburgh
EH7 5QY
☎0131 475 2395
info@venturescotland.org.uk
www.venturescotland.org.uk

Takes groups of 16-30 year olds, who do not usually have access to such opportunities, for residential weekends and week long programmes. Serves mainly Glasgow and Edinburgh.

Woodlarks

Woodlarks Campsite
Tilford Road
Farnham
GU10 3RN
☎01252 716 279
nickandsarah@woodlarks.org.uk
www.woodlarks.org.uk

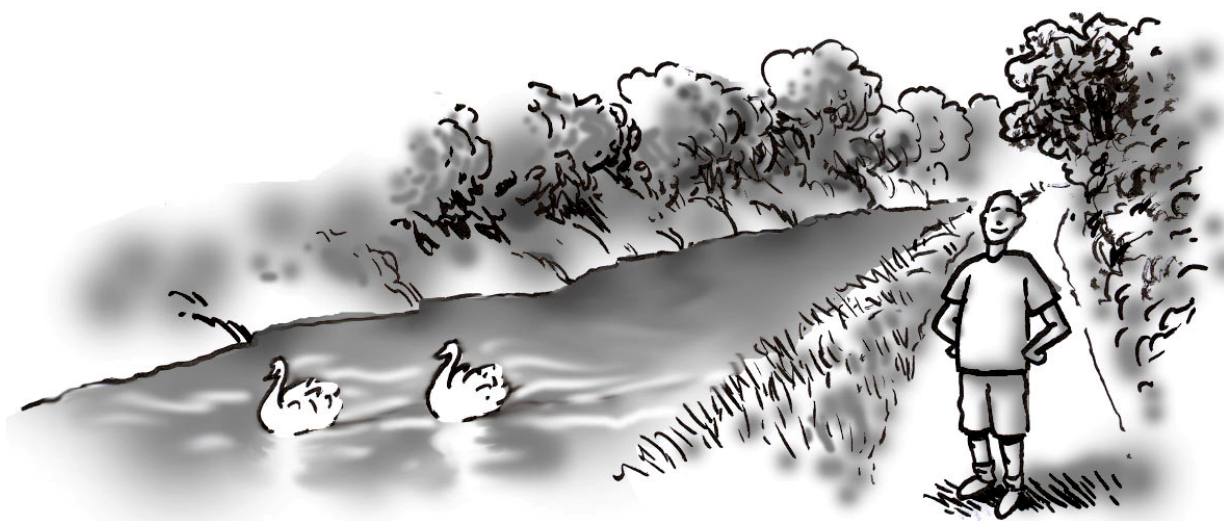
Provides camping facilities suitable for all disabilities. A few weeks (self-catering) available for group bookings. Individuals may apply to attend "Open" camps. Voluntary helpers always needed.

Woodrow High House

Cherry Lane
Woodrow
Amersham
HP7 0QG
☎01494 433 531

Residential week long holidays for young people aged seven to eighteen with disabilities and special needs. Accommodation for sixty people, in two, three and four bedded rooms. There are special shower and toilet facilities for disabled guests.

Canal Holidays



Lyneal Trust

The Shirehall
Abbey Foregate
Shrewsbury
SY2 6ND
☎01743 252 728
pushkar.trivedi@shropshire-cc.gov.uk
www.lyneal-trust.org.uk

The Lyneal Trust is a Shropshire based charity which offers canal and canalside holidays on specially built canal boats. It also has range of self catering accomodation specially designed and built for people with disabilities. They are all available for hire at competitive rates either as a whole or separately.

Reach Out Projects

Holywell Lodge
41 Holywell Hill
St Albans
AL1 1HE
☎01727 818 168
admin@reachoutprojects.org.uk
www.reachoutprojects.org.uk

Provider of canal holidays whose aim is to provide opportunities for people to develop their potential. They provide two wide beam skippered boats with wheelchair access to bow and stern giving people the opportunity to actively participate.

Seagull Trust Cruises

Canal Side
Baird Road Ratho
Edinburgh
EH28 8RA

☎0131 335 3318

seagulltrust@btinternet.com

www.seagulltrust.org.uk

They are able to provide holiday cruises on the Scottish Lowland Canals for a family, or group, with at least one disabled member, on a specially constructed residential canal boat.

Children and Family Holidays



Adventure Holidays

London Youth Adventure Holidays and Respite Scheme,
Hindleap Warren, Wych Cross,
Forest Row
RH18 5JS
☎01342 822 625
admin@hindleap.com
www.londonyouth.org.uk/adventure

Outdoor activity holidays for children and young adults with disabilities. Priority to children from Sussex - but may take others.

Ardgarth Guest House

1 St Mary's Place
Portobello
Edinburgh
EH15 2QF
☎0131 669 3021
stay@ardgarth.com
www.ardgarth.com

Guest house with disabled accommodation.

Bond Hotel

120 Bond Street
South Shore
Blackpool
FY4 1HQ

☎01253 341 218

reception@bondhotel.co.uk

www.bondhotel.co.uk

Accessible hotel that welcomes disabled and non-disabled people. Has a minibus that picks people up around Britain.

BREAK

Davison House
1 Montague Road
Sheringham
NR26 8WN

☎01263 822 161

office@break-charity.org

www.break-charity.org

Supported seaside holidays and respite care for children and adults with learning and physical disabilities, including those with high level needs. Self catering holidays also available at a range of venues for families with special needs.

Brighthouse Bay Holiday Park

Brighthouse bay
Borgue
Kirkcudbright
DG6 4TS

☎01557 870 267

info@brighthouse-bay.co.uk

www.gillespie-leisure.co.uk

Holiday Accommodation made up of one cottage, lodges, holiday caravans and touring pitches. Situated in Dumfries and Galloway in the south west of Scotland. One, two and three bedroomed caravans available, including a two bedroomed caravan for disabled people. Facilities include a leisure club and pony trekking.

Burnside Apartment Hotel

19 West Moulin Road
Pitlochry
PH16 5EA
☎01796 472 203

Accessible holiday apartments in highland Perthshire. One apartment is suitable for "less able guests" and is wheelchair accessible. The other is "suitable for accompanied disabled guests".

Burnside Lodge and Mill Lodge

Raitloan
Geddes
Nairn
IV12 5SA
☎01667 454 635
bookings@geddesmill.co.uk
www.geddesmill.co.uk

Two chalets designed for wheelchair access, each sleeping 6 and available all year.

Center Parcs

Kirklington Road
Eakring
Newark
NG22 0DZ
☎01623 872 921
www.centreparks.co.uk
Family holidays

Clynfyw Countryside Centre

Clynfyw Countryside Centre Ltd
Clynfyw, Abercych
Boncath
SA37 OHF
☎01239 841 236
info@clynfyw.com
www.clynfyw.co.uk

Self catering and bed and breakfast holidays suitable for people with disabilities. A range of equipment is also available and support can be organised through a local care agency.

Daytrippers

36 Great Putney Street
London
W1F 9NS
☎0207 758 0030
tamara@daytrippers.org.uk
<http://www.daytrippers.org.uk/>

Helps disabled children enjoy different experiences by funding day trips and organising their own events.

Fhuarain Forest Cottages

Badanfhuarain
Nethybridge
PH25 3DR
☎01479 821 642
fhuarainforestcottages@googlemail.com
www.forestcottages.com

Restored 19th century forest village cottages with wheelchair access throughout. Pets welcome by arrangement. Also Lazy Duck Bunk House which is wheelchair accessible and sleeps 8. It is possible to hire some equipment.

Forest Holidays, Forestry Commission

Heart of the National Forest
Bath Yard
Moiria
DE12 6BA
☎0845 130 8223
www.forestholidays.co.uk

Holiday sites run by the Forestry Commission. They also organise activities on some of their sites. See their website for more details.

Glyndale Private Hotel

9 Trafalgar Road
Blackpool
FY1 6AW
☎01253 404227
info@glyndalehotel.com
<http://www.glyndalehotel.co.uk>

Centrally heated hotel with small carpark. Ensuite bathrooms in all rooms.

Harriet Davis Trust

Tenby Observer Offices
Warren Street
Tenby
SA70 7JY
☎01834 845197
helen@harriet-davis-trust.freemove.co.uk
<http://www.harriet-davis-trust.org.uk>

The Trust has three self-catering holiday houses in Tenby, Pembrokeshire which are fully adapted and equipped for families with physically disabled children. One of the houses, purpose designed, has an indoor heated pool. Disabled adults can be accommodated outside the main holiday season. The Trusts fourth house has been specially adapted and equipped to cater for families with children with autism and learning disabilities.

Haven Holidays

PO Box 127
1 Park Lane
Hemel Hempstead
HP2 4YL
☎0871230 1921
enquiries@havenholidayhomes.co.uk
<http://www.haven.com>

Provides self catering caravan holidays with lots of other family activities.

HCPT The Pilgrimage Trust

Oakfield Park
32 Bilton Road
Rugby
CV22 7HQ
☎01788 564 646
hq@hcpt.org.uk
www.hcpt.org.uk

HCPT takes children with a wide range of physical and mental disabilities, or who are physically and emotionally deprived or neglected, on trips to Lourdes, with the opportunity to experience a stimulating holiday with the reassurance of one-to-one help the whole time.

HELP - Holiday Endeavour for Lone Parents

PO Box 244
Gainsborough
Doncaster
DN21 9AQ
☎01427 668 717
janice@help.fslife.co.uk
www.helphols.co.uk

Low cost holidays for lone parents. They can also accept booking from anyone for their own caravans- see website for more details

Highland Holiday Cottages

Falls of Truim
Newtonmore
Nr Aviemore
PH20 1BE
☎01540 673 566
enquiry@HighlandHolidayCottages.com
www.HighlandHolidayCottages.com

One luxury 4 star cottage in a complex designed for wheelchair access.

Kate McGlynn Holiday Home

c/o Catriona Beel, Flat F, Coronation Mansions
Lochnell Street
Lochgilphead
PA31 8JN
☎01546 602 082
enable.midargyll@btinternet.com

Self-catering chalet bungalow for up to 6 people. Flat site suitable for wheelchairs and there is one electric care bed. The holiday home itself is in Kilmartin. Contact Catriona Beel.

Nationwide Holiday Cottage (Castle Rock Edinvar H A)

1 Hay Avenue
Edinburgh
EH16 4RW
☎0131 657 0600
info@castlerockedinvar.co.uk
www.placesforpeople.co.uk

Self Catering holiday cottage in North Berwick. Fully wheelchair accessible with hoist in shower room.

Otterburn Hall

Hotel and Estate
Otterburn
NE19 1HE
☎01830 520 663
info@otterburnhall.com
www.otterburnhall.com

2 bedrooms on the ground floor with facilities for disabled people.

Penrose Burden Self-Catering Holiday Cottages

Penrose Burden,
St. Breward,
Bodmin
PL30 4LZ
☎01208 850 277
www.penroseburden.co.uk

Purpose-built self-catering cottages on a farm, each on one level.

Scout Holiday Homes Trust

Gilwell Park
Chingford
London
E4 7QW
☎020 8433 7290
scout.holiday.homes@scout.org.uk
www.scouts.org.uk/holidayhomes

They provide low cost self-catering holidays in England and Wales for people with special needs and their families, including one parent and low income families. No Scouting connection required.

Share Holiday Village

Smiths Strand
Lisnaskea
BT92 0EQ
☎44 (0) 28677 22122
celia@sharevillage.org
www.sharevillage.org

A mini-village with all facilities purpose-built for use by guests with disabilities. All coach transport is designed for use by disabled guests and collection from airports and harbours is available by arrangement. Water sports and other outdoor activities offered.

Strathwillan House

Brodick
KA27 8BQ
☎01770 302 331
info@strathwillan.enuu.net
<http://www.strathwillan.com>

Guest house suitable for people with disabilities.

Tregoninny Farm and Woodland

Tregoninny
Tresillian
Truro
TR2 4AR
☎01872 520 145
tregoninny.farm@btopenworld.com
www.tregoninny.com

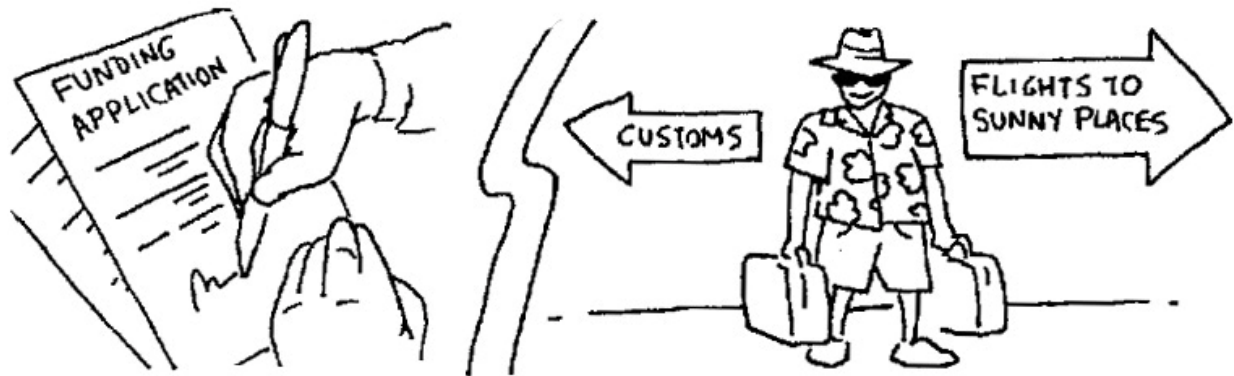
Working farm specially adapted to provide bed and breakfast facilities for people with a disability. For more information contact Caroline or Colin Northover on the number above.

Ty Glyn Davis Trust

Hafod
Llanarth
Ceredigion
SA47 0QB
☎01545 580 708
enquiries@tyglyndavistrust.co.uk
www.tyglyndavistrust.co.uk

Self-catering holidays particularly for children and young people with disabilities. Families, groups and schools.

Funding



Adamson Trust

c/o Mr. Edward Elworthy
PO BOX 26334
Crieff
PH7 9AB
☎07770 842 502
edward@elworthy.net

Aims to provide assistance with the cost of holidays/ respite for young people aged 17 and under with either a physical or mental disability. Only applications for this purpose will be considered and preference is given to Scottish children and Scottish Institutions

Adcare Holiday Foundation Ltd

Suite 12A Langwood House
63-81 High Street
Rickmansworth
WD3 1EQ
☎01923 776 729
adcare@mencap.org.uk
www.mencap.org.uk

Makes grants for or towards the cost of a holiday for individuals (not groups of people) with learning disabilities.

Aid For The Aged In Distress

18 Hand Court
High Holborn
London
WC1V 6JF
☎08708031950
info@agedistress.org.uk
www.agedistress.org.uk

Grants for holidays for elderly carers and carers of elderly people. Carers can contact them direct.

BBC Children in Need Appeal

BBC Edinburgh
Holyrood Road
Edinburgh
EH8 8JF
☎0131 248 4225
pudsey@bbc.co.uk
<http://www.bbc.co.uk/pudsey>

Children in Need Grants aim to help disadvantaged children and young people under 18 in the UK. Group applications only. Individual application supported by a suitable third party are passed to appropriate local welfare funds. The appeal does not consider applications from the friends and families of individual children. There are two closing dates for applications - 30th November and 30th March. For further details and application forms please write enclosing a large stamped self-addressed envelope

ECAS

Norton Park
57 Albion Road
Edinburgh
EH7 5QY
☎0131 475 2344
info@ecas-edinburgh.org
www.ecas-edinburgh.org

The Access Fund is for people with a physical disability who live in Edinburgh and the Lothians. Funding is considered for anything not covered by statutory sources including holidays, mobility equipment, specialist furniture and equipment. The normal maximum grant is £500.

Enable Scotland

2nd Floor 146 Argyle Street
Glasgow
G2 8BL
☎0141 226 4541
enable@enable.org.uk
www.enable.org.uk

Give general information about how to get help with the cost of a holiday.

Family Fund

Unit 4, Alpha Court
Monks Cross Drive, Huntington
York
YO32 9WN
☎0845 130 4542
info@familyfund.org.uk
www.familyfund.org.uk

Grants available for various purposes including holidays for families with severely disabled children under 16. Applications should be made in writing giving the child's full name and date of birth, parent or carer's name and address, brief details of the child's disability and the kind of help requested

Family Holiday Association (FHA)

16 Mortimer Street
London
W1T 3JL
☎0207 436 3304
info@familyholidayassociation.org.uk
www.fhaonline.org.uk

Provides grants for families to have one week's holiday of their choice. Applications (available from the website) are available from November. Family must be referred by a welfare agent, be on low income, have at least one child aged 3 or over and not had a holiday in the last four years.

Frederick Andrew Convalescent Trust

c/o Andrew & Co.
St Swithins Square
Lincoln
LN2 1HB
☎01522 512 123
info@FACTonline.co.uk
www.factoronline.co.uk

One off grants up to £1000 for convalescence only for working or retired women.
Application form must be signed by your doctor.

Handicapped Aid Trust

Windmill House
15 Church Road
Lytham
FY8 5LH
☎01253 796 441
www.handicappedaidtrust.org.uk

Gives financial help towards holiday costs for essential helpers for disabled people

Happy Days Childrens Charity

Clody House
90-100 Collingdon Street
Luton
LU1 1RX
☎01582 755999
happydayscharity@yahoo.co.uk
www.happydayscharity.org

Happy Days provides holidays and leisure time activities for special needs children (3 yrs - 17yrs). Application form available on line or can be sent in the post.

Hawthornbrae Trust

Emmanuel Healthcare
7 Washington Lane
Edinburgh
EH11 2HA
☎0131 313 3828
info@emms.org
www.emms.org

Gives grants for holidays to individuals recovering from illness and their carers and families. You must live in Edinburgh and you must apply through your GP, social worker or minister.

KIDSOUT

28 Market Square
Leighton Buzzard
Beds
LU7 1HE
☎01525 385252
kidsout@kidsout.org.uk
www.kidsout.org.uk

As KidsOut is all about 'fun', their grants help with the provision of new toys and special play equipment, as well as fun days out, holidays and activities for individuals and families.

Margaret Champney Rest & Holiday Fund

The Gatehouse, 9 Burkitt Road
Woodbridge
Suffolk
IP12 4JJ
☎01394 388 746
ogilviecharities@btconnect.com
www.theogilvietrust.org.uk

Awards grants to carers for a holiday away from the person they care for. Applications should come from a professional on the carers' behalf.

Pearson's Holiday Fund

PO Box 3017
South Croydon
CR2 9PN
☎0208 657 3053
info@pearsonsholidayfund.org
www.pearsonsholidayfund.org

Grant for holidays, outings and groups respite activities in the UK for financially disadvantaged children/young people aged 4-16(inclusive) who live in the City of Westminster (London), East Sussex, and the West Midlands.
Applications for grants can be viewed on screen and/or downloaded from "Applications for Grants" page of the website.

SAM Trust

c/o ENABLE office
2nd Floor, 146 Argyle Street
Glasgow
G2 8BL
☎0141 226 4541
enable@enable.org.uk

This Trust gives money to people with learning disabilities to holiday independently where other sources of funding have been exhausted.

Trefoil House

Gogarbank
Edinburgh
EH12 9DA
☎0131 339 3148
info@trefoil.org.uk
www.trefoil.org.uk

Holiday fund for young people under 18.

VSA (formerly Voluntary Service Aberdeen)

38 Castle Street
Aberdeen
AB11 5YU
☎01224 212 021
info@vsa.org.uk
www.vsa.org.uk

Administers variety of small trust funds, the income from which is dispensed to people in need in Aberdeen city. Referrals are made by professional care workers, but people can apply directly to VSA by making an appointment with one of the charity's social workers.

Insurance



Accessible Travel and Leisure

Avionics House
Naas Lane, Quedgley
Gloucester
GL2 2SN
☎01452 729 739
info@accessibletravel.co.uk
www.accessibletravel.co.uk

Special insurance policy called Travelbility for people with disabilities which enables disabled and non-disabled people to travel with peace of mind.

Allclear Travel

6th Floor, Regent House
Hurbet Road
Brentwood
CM14 4JE
☎0870 777 9339
samantha.o'connor@bishopcourtas.co.uk
www.allcleartravel.co.uk

Travel Insurance specialists for people with pre-existing medical conditions.

CH Facilities Ltd

PO Box 56
Poulton-le-Fylde
FY6 7BH
☎0870 7506711
insure@ch-travelcare.co.uk
www.ch-facilities.co.uk

Offer insurance to people with medical conditions.

Free Spirit - Solutions

P J Hayman & Company Ltd
Stansted House, Rowlands Castle
Hampshire
PO9 6DX
☎023 9241 9081
freespirit@pjhayman.com
www.free-spirit.com

Travel Insurance for disabled travellers and persons with a pre-existing medical condition.

Orbis Insurance Services

Bureau House
49-51 St Leonards Road
Bexhill On Sea
TN40 1JA
☎01424 220 110
cover@orbisinsurance.co.uk
www.orbisinsurance.co.uk

Provide life and travel insurance for people with ill health or disabilities.

Unique Insurance Services

Grosvenor House
112-114 Prince of Wales Road
Norwich
NR1 1NS
☎01603 828 238
mencap@heathlambert.com
www.mencap.org.uk

Unique has a lot of experience of working with charities to give insurance to people with medical conditions or disabilities and people who find it difficult to get insurance. Mencap is in partnership with Unique and will receive a donation for every insurance policy bought.

People who provide specialist holidays



Access Travel

6 The Hillock
Astley
Manchester
M29 7GW
☎01942 888 844
webenq@access-travel.co.uk
www.access-travel.co.uk

All their holidays have been inspected by wheelchair users and for people who require a barrier free environment. Holidays available in Europe, USA and the Mediterranean.

Accessible Travel and Leisure

Avionics House
Naas Lane, Quedgley
Gloucester
GL2 2SN
☎01452 729 739
info@accessibletravel.co.uk
www.accessibletravel.co.uk

Information on accessible holidays of all kinds. Their website gives a wealth of information on a range of holidays.

Across

Garron Bridge House
Inveraray
Argyll
PA32 8XQ
☎01499 302 715
contactus@across-uk.org
www.across-uk.org

Across take people to Lourdes on pilgrimage in specially designed vehicles.

Action for Children Scotland

City Park
368 Alexandra Parade
Glasgow
G31 3AU
☎0141 550 9010
www.nch.org.uk/scotland

Action for Children runs more than 500 projects for some of the UK's most vulnerable and excluded children, young people and their families. Services they provide are residential short breaks and related projects for children with profound learning difficulties and challenging behaviour.

ATS Travel

ATS House
1 Tank Lane
Purfleet
RM19 1TA
☎01708 860 514
aatstravel@aol.com
www.assistedholidays.com

Specialist tour company for people with disabilities, who provide holidays within the UK, Europe and worldwide. Door to door service if required. Adapted accommodation available, and medical equipment supplied if necessary.

Branch Out Holidays

The Cottage, Blacksmiths Green
Wetheringsett, Stowmarket
Suffolk
IP14 5PY
☎01728 860702
<http://www.branchoutholidays.com>

Branch Out holidays are designed for people with learning disabilities, aged over eighteen, who would like to be part of a small group of people spending time away together. Holiday venues include Derbyshire, Cornwall, and Yorkshire Coast. Holidaymakers come unaccompanied and should be self caring.

Can Be Done Ltd

11 Woodcock Hill
Harrow
HA3 0XP
☎0208 907 2400
holidays@canbedone.co.uk
www.canbedone.co.uk

Specialises in tailor made holidays for people with disabilities. The brochure features a wide choice of destinations including the UK, Europe, Mediterranean, North America, Middle East, Far East, Australia, as well as a wide range of cruises.

Carewell Holidays

Glen View
Thomas Chapel
Begelly
SA68 0XG
☎01437 563565
info@carewellholidays.com
www.carewellholidays.co.uk

Carewell Holidays is a website specialising in advertising accessible holiday accommodation throughout the UK and Europe.

Casa Capaz Care Holidays

381 Union Street
Aberdeen
AB11 6BX
☎0871 218 1090
mail@casacapaz.com
www.casacapaz.com

Provides a range of supported holidays both in Great Britain and Spain

Casa del Lago Holidays

Spain

☎00 34 952 495 234

enquiries@casa-del-lago-holidays.com

<http://www.casa-del-lago-holidays.com>

Holidays in Southern Spain specifically for people with disabilities.

Chalfont Line Holidays

Chalfont House

4 Providence Road

West Drayton

UB7 8HJ

☎01895 459 540

holidays@chalfont-line.co.uk

www.chalfont-line.co.uk

Escorted holidays for people with disabilities. Destinations include cruises, Paris and Orleans, Moscow, Devon, Ireland, Switzerland, Valkenburg, Jersey, Canada, South Africa, Hawaii, New Zealand and Orlando.

Clynfyw Countryside Centre

Clynfyw Countryside Centre Ltd

Clynfyw, Abercych

Boncath

SA37 OHF

☎01239 841 236

info@clynfyw.com

www.clynfyw.co.uk

Working farm. Respite care available with a range of options including occasional support from agency carers to fully catered supported holidays with qualified staff.

Classique Tours

PO BOX 11331

Paisley

PA3 9EP

☎0141 889 4050

www.classiquetours.co.uk

Hebridean Island Tours in a range of 1950s to 1990s style coaches.

Cruising Holidays for People with Disabilities

☎0844 800 2624

<http://cruisingholiday.co.uk>

Can provide information on crusing holidays with wheel chair access

Disability Snowsport UK

Cairngorm Mountain

Aviemore

PH22 1RB

☎01479 861 272

admin@disabilitysnowsport.org.uk

www.disabilitysnowsport.org.uk

Enabling those with a disability to ski alongside the able bodied as equals at all ski facilities and resorts...

Disabled Access Holidays

2351 Dumbarton Road

Yoker

Glasgow

G3 7PR

☎0845 257 0113

info@dah-europe.com

www.dah-europe.com

Disabled Access Holidays owns and operates accessible self-catering holiday accommodation to rent in Puerto Pollensa, Majorca, the Balearic Islands and Spain that have been designed and adapted to meet the needs of the disabled traveller. The two and three bedroomed apartments can be equipped with hoists, shower chairs and scooters for people with more complex needs.

Disaway Trust

55 Tolworth Park Road

Surbiton

Surrey

KT6 7RJ

☎0208 390 2576

lynnsimpkins@hotmail.com

www.disaway.co.uk

Assembles holiday packages for physically disabled groups of all ages.

Enable Holidays Limited

26 The Green

King's Norton

Birmingham

B38 8SD

☎0871 222 4939

info@enableholidays.com

www.enableholidays.com

Overseas package holidays and city breaks in Europe and Florida for people with mobility impairments, their families and friends.

Enable Scotland

2nd Floor 146 Argyle Street

Glasgow

G2 8BL

☎0141 226 4541

enable@enable.org.uk

www.enable.org.uk

They have a brochure describing a range of holidays for people with learning disabilities.

Flying Wheels Travel

143 West Bridge Street

Box 382

Owatonna USA

MN55060

☎5074515005

barbaraj@flyingwheelstravel.com

www.flyingwheelstravel.com

Full service agency providing individual and escorted travel solutions in USA, Europe, Middle East, worldwide cruises for disabled individuals and their companions.

French Experience Holidays

29 Route De Riberaç
La Rochebeaucourt-Et-Argentine
Dordogne France
24340
☎0033(0)553569688
veronica.mechan@frenchexperienceholidays.com
www.frenchexperienceholidays.com

French EXPERIENCE holidays, is a holiday for adults with a learning disabilities and their support worker or families. The house is situated at the northern edge of the Dordogne. Clients are invited to give their special requirements prior to arrival. Full board which includes all excursions and personal guide, airport or train station transfers.

Gowrings Mobility UK Road Atlas: The Essential parking and motoring guide for blue badge holders

Bone Lane
Newbury
RG14 5UE
☎0845 608 8020
sales@thepieguide.com
www.thepieguide.com

A road guide covering the UK with information for disabled drivers and passengers such as parking for blue badge holders, accessible car parks and petrol stations, Shopmobility locations, accessible beaches, toilets and accommodation.

Happy Holidays

23 Larne Drive
Broughton
Chester
CH4 0QF
☎01244 531 054
mfwarren100@hotmail.com
www.happyholidaysuk.co.uk

All inclusive Holidays (except drinks), support, outings every day, transfers, all meals, and entrance fees. Holidays in Britain, Europe and USA.

Holiday Respite

Short Breaks Team
5 - 7 Regent Road Building No4
Edinburgh
EH7 5BL

☎0131 525 8040

emma.cashmore@edinburgh.gov.uk

This is for adults over the age of 16 with learning disabilities in Edinburgh. They introduce people with learning disabilities who wish to go on a holiday/short break of their choice to people who would like to support others and share a holiday. Support is provided in helping people choose the holiday. Volunteer's holiday expenses are covered.

Holidays for All

c/o Vitalise
Shap Road Industrial Estate Shap Road
Kendall
LA9 6NZ

☎0845 124 9973

info@tourismforall.org.uk

www.holidaysforall.org.uk

Website with information on holiday accommodation which is adapted and equipped to meet the needs of people with disabilities and sensory impairments, their friends and family.

I Need a Holiday Too

21Rue St Jean
La Roche Derrien
22450

☎0800 949 6801

info@ineedaholidaytoo.com

<http://www.ineedaholidaytoo.com>

Accessible wheelchair holidays for disabled people, on the north coast of Brittany. A converted mill houses six luxury apartments, providing modern facilities in a rural traditional setting. Holiday attractions nearby, including beaches and several towns.

Iona Community Mainland Office

4th Floor, Savoy House
140 Sauchiehall Street
Glasgow
G2 3DH
☎0141 332 6343
admin@iona.org.uk
www.iona.org.uk

The Iona Community run island residential centres on the isle of Iona and on nearby Mull. Their centres are places of welcome and hospitality.

Jumbulance Trust

Delaport Coach House, Lamer Lane
Wheathampstead
St Albans
AL4 8RQ
☎01582 831444
njtt@clara.co.uk
www.jumbulance.org.uk

The Jumbulance is a luxury coach combined with an ambulance and offers facilities that are designed for making travel possible for those who need extra safety and comfort. It can travel anywhere in the UK, Eire and mainland Europe. They can be hired for group travel.

Kiloran Trust

157 Blythe Road
London
W14 0HL
☎0207 602 7404
info@kilorantrust.org.uk
www.kilorantrust.org.uk

The Kiloran Trust is a registered charity which has been established to provide residential supportive breaks to all those caring for others who feel the need for a break away. The breaks are in London and provide home-cooked food, and large comfortable rooms for each visitor.

Livability Holidays

50 Scrutton Street
London
EC 2A 4XQ
☎020 7452 2000
holidays@livability.org.uk
www.livability.org.uk

They provide a wide range of accessible holiday accommodation offering quality, access and choice at affordable prices.

Mosaic Community Care Ltd

Unit 2 Cottam Business Centre, Cottam Lane
Ashton on Ribble
Preston
PR2 1JR
☎01772 325 350
info@mosiaccommunitycare.co.uk
www.mosaiccommunitycare.co.uk

Specialises in the provision of supported luxury holidays for people with physical disabilities and learning disabilities. Holidays include cruises on a Royal Caribbean liner, private luxury villa in Florida and luxury log cabins in Lancashire. Twenty four hour care and support available from qualified, experienced care and support workers. Door to door pick up and drop off service available.

11/27/2009

Options Holidays

Greyhound Farm House
Barnsley
Cirencester
GL7 5EF
☎01285 740491
office@optionsholidays.co.uk
www.optionsholidays.co.uk

Organises a variety of holidays throughout the UK and abroad for people with learning disabilities.

Park House Hotel

Sandringham
Kings Lynn
Norfolk
PE35 6EH
☎01485 543 000
parkinfo@LCDisability.org
www.parkhousehotel.org.uk

Open all year round, providing a holiday for disabled guests and their carers. Various levels of care and specialist disabled facilities available as required.

Pentaillo

Seglien
Bretagne, France
56160
☎00 33 297 28 00 87
pentaillo@orange.fr
www.pentaillo.com

Holidays in rural Brittany for adults with learning difficulties, with a range of physical, emotional and intellectual abilities.

Rocklands Care Holidays Ltd

The Pier Gardens Hotel
North Parade
Llandudno
LL30 2LP
☎01492 874 546
mopojo@rya-online.net
www.rocklands-care-holidays.co.uk

Provide holidays for people with mild learning disabilities. All holidays include full board and transport to the hotel from anywhere in the UK.

Scottish Spina Bifida Association - National Office

The Dan Young Building
6 Craighalbert Way, Dullatur
Glasgow
G68 0LS
☎01236 794 500
julie@ssba.org.uk
www.ssba.org.uk

A fully wheelchair adapted cottage near Dundee is available to hire.

St. Annes Hotel

The Beach
69-71 South Promenade
St Annes on Sea
FY8 1LZ
☎01253 341 218
sales@bondhotel.co.uk
www.st-annes-hotel.com

A luxury and exclusive hotel for people with mobility, visual or hearing challenges, their friends, families and carers.

Supported Holidays

Casa Paradiso
Camino de la Exotica No 22 Nerja
Malaga Spain
29780
☎0034 952 521 475
info@supportedholidays.co.uk
www.supportedholidays.co.uk

Provide holidays for disabled people including young people on the Costa Del Sol in Spain. Offering a number of different packages including one to one fully inclusive supported holidays.

Trevanion House

Trevanion Road
Wadebridge
PL27 7PA
☎01208 814 903
www.trevanion.co.uk

Holidays in a CSCI registered country house for adults with learning disabilities. Staff will help guests plan their activities and provide opportunities to travel around Cornwall in one of their minibuses. The individual needs of each guest must be discussed prior to arrival.

Ucan Tours

8 Campbell Street
Sumner
Christchurch
8081
☎643 326 7881
chris@ucantours.com
www.ucantours.com

Services provided include: tour packages, itinerary planning, hotel and transport solutions, hire services for wheelchairs, scooters etc, personal support whilst travelling in New Zealand.

Vitalise

Shap Road Industrial Estate
Shap Road
Kendal
LA9 6NZ
☎0845 345 1970
bookings@vitalise.org.uk
www.vitalise.org.uk

Vitalise (formerly Winged Fellowship Trust) is a national charity providing essential breaks for disabled people and carers. Vitalise also runs holidays for visually impaired people.

Wings on Wheels

8, Cornfields
Church Lane, Tydd St Giles
Wisbech
PE13 5LX
☎01945 871 111
info@wingsonwheels.co.uk
www.wingsonwheels.co.uk

Organise personalised and small escorted holidays in the UK and worldwide. Cater for people with a disability, the less mobile, their carers and families.

People who provide specialist holiday information



Air Transport Users' Council

CAA House
45-59 Kingsway
London
WC 2B 6TE
☎020 7379 7311
infoservices@auc.org.uk
www.caa.co.uk

The Air Transport Users' Council produces a helpful online guide of air travel advice.

Blue Badges

Blue Badge Network
198 Wolverhampton Street
Dudley
DY1 1DZ
☎01384 257 001
headoffice@bluebadgenetwork.org
direct.gov.uk

The direct.gov site has an online map showing the blue badge parking bays and accessible facilities in over 100 towns and cities across the UK. To find this site go to www.direct.gov.uk and search under blue badge. www.direct.gov.uk/blubadgemap

British Red Cross

44 Moorfields
London
EC2Y 9AL
☎0844 412 2804
information@redcross.org.uk
www.redcross.org.uk

Some county branches will help on or even arrange holidays, and have members willing to accompany you on holiday. Look in phone book for your local Red Cross or visit the website

Caravan Sitefinder

www.caravansitefinder.co.uk

Find a campsite or pitch with disabled access.

Ceiling Hoist Users Club (CHuC)

c/o 7 The Scarplands
Duston
Northampton
NN5 6EY
☎01924 270 335
admin@CHuC.org.uk
www.chuc.org.uk

Provide information on accommodation within the UK that has ceiling track hoists available.

Contact a Family (Scotland)

Craigmillar Social Enterprise and Arts Centre
11/9 Harewood Road
Edinburgh
EH16 4NT
☎0131 659 2930
scotland.office@cafamily.org.uk
www.cafamily.org.uk/scotland

Provides information on what exists and how to access play and leisure. It is divided into two parts: play and leisure and holidays.

Disabled Holiday Directory

Disabled Holiday Services Limited
6 Seaview Crescent
Goodwick
SA64 OAZ
☎01348 875 592
www.disabledholidaydirectory.co.uk

Online directory of holidays available across the globe for people with disabilities, ranging from the UK to Africa and Thailand.

Disabled Holiday Information

PO. Box 186
Oswestry
SY10 1AF
☎
info@disabledholidayinfo.org.uk
www.disabledholidayinfo.org.uk

An organisation providing holiday information for people with disabilities including wheelchair accessible visitor attractions, activities and accommodation

Easy Access Britain

c/o Vitalise
Sharp Road Industrial Estate
Kendal
LA9 6NZ
☎0845 124 9971
info@tourismforall.org.uk
www.tourismforall.org.uk

This guide to accessible accommodation and places to visit in the UK has been published by Tourism for All UK and VisitBritain. It has almost 800 entries for accommodation including hotels, B&Bs, guest houses, self catering homes and caravan and camping parks.

Enable Scotland

2nd Floor 146 Argyle Street
Glasgow
G2 8BL
☎0141 226 4541
enable@enable.org.uk
www.enable.org.uk

Enable Scotland provide a Holiday Resource List with details of accessible facilities, sources of funding, holiday advice services and insurance companies for disabled people.

European Health Insurance Card

☎0845 606 2030
www.ehic.org.uk

Whatever your reasons for going abroad, you may be entitled to medical care at reduced cost or sometimes free. Your entitlement will vary based on whether you're going to an European Economic Area country (EEA) or elsewhere in the world. You can apply for a European Health Insurance Card to help you get treatment. This is not an alternative to travel insurance.

Handihols

12 Ormonde Avenue
Rochford
SS4 1QW
☎01702 548 257

Handihols is a holiday scheme where disabled people from different areas within the U.K. exchange homes or hospitality for periods of a few days to a week or more.

Mobilise

National Headquarters
Ashwellthorpe
NORWICH
NR16 1EX
☎01508 489 449
enquiries@mobilise.info
www.mobilise.info

They have a list of beach wheelchair hire schemes in across Great Britain.

Mobility Abroad

Local 7
Urb Los Porches
Benalmadena Costa
29630
☎0871 277 0888
enquiries@mobilityabroad.com
www.mobilityabroad.com

Mobility aids including scooters, wheelchairs, bath lifts and hoists are available for hire abroad. The equipment can be delivered to your accommodation in locations including Spain, Portugal, Cyprus, Ireland and Florida.

Online Short Break Information Services (OSBIS)

Unit 7, Dunfermline Business Centre
Izatt Avenue
Dunfermline
KY11 3BZ
☎01383 622 462
osbis@sharedcarescotland.com
www.carebreaksscotland.org

The Online Short Break Information Service is designed to provide access to information on all forms of short breaks and respite care services.

Orange Badge Machine SL

Local No9 Cristian Sur
Avenida Amsterdam
Los Cristianos
38650
☎0844 5983 555
info@orangebadge.com
www.orangebadge.com

Rent and sell wheelchairs (electric and manual), scooters as well as other types of mobility equipment for people living or coming on holiday to the south of Tenerife. Airport transfers and organised excursions are also available in ramped buses.

RADAR

12 City Forum
250 City Road
London
EC1V 8AF
☎020 7250 3222
radar@radar.org.uk
www.radar.org.uk

Produces a range of holiday guides especially for people with disabilities.

The Good Access Guide

38 Alexandra Road
Lowestoft
NR32 1PJ
☎0845 058 8059
www.goodaccessguide.co.uk

Travel Agent who specialises in holidays for people with disabilities. Will provide information and assistance with the booking.

The National Autistic Society

393 City Road
London
EC1V 1NG
☎020 7833 2299
nas@nas.org.uk
www.autism.org.uk

Provides information about holidays for people with disabilities (specifically autism).

Tourism for All / Holiday Care

c/o Vitalise
Shap Road Industrial Estate, Shap Road
Kendal
LA9 6NZ
☎0845 124 9971
info@tourismforall.org.uk
www.tourismforall.org.uk

Information for people with disabilities, older people and carers about accessible accommodation and other tourism services within the UK.

Travel Quest

www.travel-quest.co.uk

Their website allows a search for holidays for people with learning disabilities.

Visit Scotland

Level 3, Ocean Point One

94 Ocean Drive

Edinburgh

EH6 6JH

☎0131 472 2222

info@visitscotland.com

www.visitscotland.org

Produce an accessible accommodation guide for holidays in Scotland. Also provide information on the location of public toilets around Scotland as part of the RADAR scheme.

Places to go with a group



Avon Tyrrell Activity Residential Centre

UK Youth

Bransgore

BH23 8EE

☎01425 672 347

info@ukyouth.org

www.avontyrrell.org.uk

Activity Centre in the New Forest, England which provides a range of activities for all ages and abilities. Individual mobility requirements can be met for all activities, for example providing hoists for absailing. Self-catered fully accessible cabins for groups of up to 14 are available.

Bernard Sunley Outdoor Education Centre

Hindleap Warren,

Wych Cross,

Forest Row

RH18 5JS

☎01342 828 219

admin@hindleap.co.uk

www.londonyouth.org.uk/centres/hindleap.html

Residential adventure holidays available for groups of children with disabilities, during school holidays. Trained carers and volunteers on hand day and night to assist if required.

Calshot Activities Centre

Calshot Spit

Fawley

Southampton

SO45 1BR

☎023 8088 4916

calshot.ac@hants.gov.uk

www.calshot.com

Caters for families, individuals and groups and can organise courses for people with learning disabilities. Accommodates up to 200 people.

Calvert Trust - Lake District

Little Crosthwaite

Keswick

CA12 4QD

☎017687 72255

www.calvert-trust.org.uk

Adventure holidays for people with disabilities. The range of courses include holiday, education, personal development and rehabilitation. Forty people can be accommodated in comfortable twin and family bedrooms, all of which have en suite facilities.

Clynfyw Countryside Centre

Clynfyw Countryside Centre Ltd

Clynfyw, Abercych

Boncath

SA37 OHF

☎01239 841 236

info@clynfyw.com

www.clynfyw.co.uk

Self catering and catered holidays. Care and support can be organised.

Coldwell Activity Centre

Back Lane
Southfield
Burnley
BB10 3RD
☎01282 601 819
bookings@coldwell.org.uk
www.coldwell.org.uk

Group holiday accommodation, primarily for disabled and disadvantaged groups, including wheelchair users. Minimum 16 people in group. Activities available in the area include walking, fishing, archery and horse riding. Other facilities include a Tea Room and adjacent woodland. The Centre has been extended and refurbished including a lift for disabled people.

Dartmoor Expedition Centre

Rowden
Widecombe-in-the-Moor
Newton Abbot
TQ13 7TX
☎01364 621 249
earle@clara.co.uk
www.dartmoorbase.co.uk

Outdoor education centre. Accommodation is basic but comfortable.

Dukes Barn

School Road
Beely
DE4 2NU
☎01629 733 039
info@dukesbarn.org
www.dukesbarn.org

Residential and day course outdoor activities for groups, regardless of age/ability with special provision for deaf and disabled people.

Iona Community

Abbey & MacLeod Centres
Isle of Iona
PA76 6SN
☎01681 700 404
ionacomm@iona.org.uk
www.iona.org.uk

Ecumenical Christian community is a centre that can provide for disabled people. Financial assistance available in certain circumstances.

Jubilee House

Connons
50 Allardice Street
Stonehaven
AB39 2RA
☎01569 762 971
gordon.ritchie@connons.co.uk
www.stonehavenjubileehouse.org.uk

Self-catering accommodation for 11 people. The accommodation has a disabled toilet and shower but has not specifically been designed for disabled guests.

Loch Park Adventure Centre

Drummuir Castle Estate
Drummuir
Keith
AB55 5JX
☎01542 810 334
admin @ lochpark.co.uk
www.lochpark.co.uk

Fully accessible self-catered accommodation, with one specially adapted bedroom complete with en-suite facilities available for people with disabilities. Variety of outdoor pursuits available, including fishing, archery and kayaking.

Lochgoilhead Centre

Shelter Park
Lochgoilhead
Argyll
PA24 8AQ
☎01301 703 217
info@lochgoilhead.org.uk
www.lochgoilhead.org.uk

Indoor full catered accommodation for up to 150 people. Fully licensed centre for water and land activities, suitable for special needs groups. Activities include canoeing, sailing, archery and orienteering.

Low Mill Outdoor Centre

Station Road
Askrigg
Leyburn
DL8 3HZ
☎01969 650 432
info@lowmill.com
www.lowmill.com

Converted water mill in Yorkshire Dales National Park. Can take groups of up to 40. Offers a wide range of outdoor and indoor activities for people with disabilities of all ages.

Noah's Ark Children's Venture

Macaroni Wood
Eastleach
Cirencester
GL7 3NF
☎01367 850 356
macaroniwood@btconnect.com
www.macaroniwood.org.uk

Holiday centre for groups of children, young people and adults with disabilities. Facilities include indoor games, outdoor activities and animals on site to feed. Specially designed house for people with disabilities which can accommodate up to 15 people available.

Petty Pool Outdoor Centre

Pool Lane
Sandiway
Norwich
CW8 2DR
☎01606 889 097
claire.pettypool@btconnect.com
www.pettypool.org.uk

Residential Outdoor Centre which provides a wide range of activities, such as climbing, canoeing and orienteering. Ideal for groups of young people with learning disabilities.

Pioneer

Cleobury Mortimer
DY14 8JG
☎01299 271 217
enquiries@pioneercentre.org.uk
www.actioncentres.co.uk

Offers Canadian themed accomodation, adventure activities and dining facilities and lounges for group holidays of various sizes.

Rock Adventure Centre

Carrotty Wood
Higham Lane
Tonbridge
TN11 9QX
☎01732 366766
enquiries@barnabas.org.uk
<http://www.rockuk.org>

Runs four holiday centres each in a rural location in Kent, West Sussex, Northants and Scottish Borders.

10/21/2008

Scottish Centres

Loaningdale House
Carwood Road
Biggar
ML12 6LX
☎01899 221 115
info@soec.org.uk
www.soec.org.uk

SOEC (Scottish Outdoor Education Centres) have four outdoor education centres across Scotland. They offer various activities and programmes to promote learning for a diverse range of customers, including schools, youth and music groups and sports teams.

Scottish Youth Hostel Association (SYHA) General Enquiries

Registered Office
7 Glebe Crescent
Stirling
FK8 2JA
☎01786 891 400
info@syha.org.uk
www.syha.org.uk

Provides basic hostel accommodation throughout Scotland. Contact SYHA directly for more details.

Sir Arthur Grant's Residential Centre

Monymusk
Inverurie
AB51 7JA
☎01569 766 960
nora.davidson@aberdeenshire.gov.uk
www.mencap.org.uk/organisations

Self-catering dormitory accommodation for up to 28 people. Specially adapted for groups of people with physical/learning disabilities. Groups must organise their own activities.

Stanley Nairne Memorial Centre

88 Giles Street
Edinburgh
EH6 6BZ
☎0131 555 6123
bookings@stanleynairnecentre.com
www.stanleynairnecentre.com

Self-catering accommodation for a maximum of 26 people. Two meeting rooms, lounge and dining room available, however groups must organise their own activities.

The Keppleway Trust

The Keppleway Centre
Broughton-in-Furness
LA20 6HE
☎01229 716 936
web1@keppleway.org.uk
www.keppleway.org.uk

Keppleway is a fully accessible outdoor education and activity centre in the Lake District, which challenges exclusion and commits to bringing disabled and non disabled people together as equal partners. Outdoor activities led by qualified instructors include hill walking, watersports and climbing. Fully accessible full-board accommodation available.

The Wingate Centre

Wrenbury Hall Drive
Wrenbury
Nantwich
CW5 8ES
☎01270 780 456
Jill@thewingatecentre.co.uk
www.thewingatecentre.co.uk

Offers specially adapted and equipped fully catered holiday accommodation for groups of people with all levels of disability. Lounge areas available. Gymnasium with specialist coaches for disability in gymnastics and trampolining sessions, which can form part of the holiday package. The Wingate Special Children's Trust supports the Centre to make the holidays affordable to all.

Tyn-Yr-Erw Farm Bunk House

Glanyrafon

Corwen

LL21 0HE

☎01490 460 464

info@iller@virgin.net

www.tynyrerwbunkhouse.co.uk

Seventeenth century farm house providing accommodation for groups of up to 20, with all accommodation on the ground floor. Families and individuals are also welcome. Respite care for individuals also available.

Uist Outdoor Centre

Cearn Dusgaidh

Lochmaddy

Isle of North Uist

HS6 5AE

☎01876 500 480

info@uistoutdoorcentre.co.uk

www.uistoutdoorcentre.co.uk

Single story bunkhouse accommodation set on the edge of LochMaddy, surrounded by wildlife. Sleeps twenty people in five bedrooms, each with two sets of bunk beds. Canoeing, rock climbing, abseiling, diving and orienteering. Endeavour to make all activities accessible to all.

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Information for People with Learning Disabilities and Carers

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